

SALLY BEAUMONT, CHAIRPERSON
RUTH BEIDEMAN
JAMIE MAGEE
JAMES MOSELEY
PENNY ORNDORFF
SCOTT PHILLIPS



LARRY SAVAGE
FRANCINE SHOCKLEY
ANNA SHORT
FRAN SMITH
JOHN WILLIAMS

Advisory Committee on Aging & Adults with Physical Disabilities for Sussex County

Minutes of Meeting

Monday, July 15, 2013

A meeting of the Advisory Committee on Aging & Adults with Physical Disabilities for Sussex County was held on Monday, July 15, 2013, at 10:00 a.m. at the Sussex County West Administrative Complex, 22215 North DuPont Boulevard, Georgetown, Delaware. The following members were present:

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|-------------------|----------------------|
| 1. Sally Beaumont | 6. Larry Savage |
| 2. Ruth Beideman | 7. Francine Shockley |
| 3. Jamie Magee | 8. Anna Short |
| 4. James Moseley | 9. Fran Smith |
| 5. Scott Phillips | |

Also in attendance were Mary Browning, Bridgeville Senior Center; Linda Connors, Delaware Division of Substance Abuse and Mental Health; Christine Steele, Community Outreach, Griswold Home Care Services; Ken Bock, Deputy Director, CHEER; Stacy Powell and Cheryl Doucette, Delaware Breast Cancer Coalition; Linda Rogers, Sussex RSVP; and Doris Schonbrunner, Administrator, Heritage at Milford.

Call to Order

Sally Beaumont, Chairperson, called the meeting to order and welcomed everyone on behalf of the Advisory Committee. Sadly, Ms. Beaumont expressed condolences on the passing of David Cordrey, husband of Nancy Cordrey, Administrative Secretary, Sussex County Council office, who has served the Advisory Committee in the past. A sympathy card was circulated for Committee members to sign and send to Nancy.

Approval of Minutes

A Motion was made by Ms. Smith, seconded by Mr. Phillips, to approve the minutes of May 20, 2013, as distributed. Motion Adopted by Voice Vote.

A Motion was made by Ms. Shockley, seconded by Ms. Beideman, to approve the minutes of the Special Conference Planning meeting of June 26, 2013, as distributed. Motion Adopted by Voice Vote.

Correspondence

DELAWARE HEALTH AND SOCIAL SERVICES, DIVISION OF SERVICES FOR AGING AND ADULTS WITH PHYSICAL DISABILITIES.

RE: E-mail announcing three “Town Hall Meetings about the Delaware State Plan to Address Alzheimer’s Disease” being held in June in Delaware.

Ms. Beaumont stated she was unable to attend the town hall meeting in Sussex County on June 26, 2013, at Brandywine Assisted Living at Fenwick Island; however, Ms. Magee attended the meeting and gave a brief report. Copies of the current State draft were distributed by Ms. Magee, and she noted that there is one aspect severely missing from the draft—that being, there are no plans to begin any type of services in Sussex County. Ms. Magee advised there are presently no provisions whatsoever available in Sussex County when an emergency arises involving persons with dementia. The suggestion has been made to utilize the Crisis Assessment Center in Ellendale as a 24-hour overnight admit in situations where family members are unable to respond immediately, rather than transporting those individuals to an upstate facility and adding to their confusion. Additional comments will be accepted by the State until July 11, 2013, for consideration in drafting the final plan.

Old Business

❖ Report on Special Conference Planning Meeting of June 26, 2013

Ms. Beaumont reported on the Advisory Committee’s Special Conference Planning meeting held on June 26, 2013. A draft of the tentative format for the conference was provided (copy attached) and discussed as follows:

- Randy Nelson, CHEER, will be asked to be the moderator for the CEO’s of Hospitals Panel under the **Live Healthy** segment. Ms. Beaumont will contact Mr. Nelson to check on the participation status of Bayhealth Medical Center and Peninsula Regional Medical Center on this panel as well.
- It was agreed that Governor Jack Markell be invited to speak during lunchtime, focusing specifically on issues facing seniors in Sussex County. If the Governor is unavailable, the consensus was to have no one speak at lunch and leave that time to visit exhibitors.
- In addition to Susan Hamadock leading a session on Tai Chi in the **Live Active** portion of the conference, Marian Lisehora with Delaware Senior Olympics and trainer John Clancey, specializing in working with seniors, will also be contacted to participate on the panel. Ms. Magee agreed to be the panel moderator.
- For the **Live at Home** section of the conference, Deb Brown has expressed an interest in moderating the panel, which could bring more of her friends and family to the conference. Nevertheless, it was thought that maybe a Committee member should perform this duty, so it was agreed that Committee member Penny Orndorff be asked to moderate the panel. The

panel discussion will include non-medical in-home care (Randy Nelson, CHEER), skilled home care (Christiana Care Visiting Nurses), personal attendant's service (Easter Seals), assisted living (Doris Schonbrunner), and accessibility (Ms. Beaumont to contact Universal Design to obtain a representative).

A worksheet showing tasks that have been accomplished thus far in planning for the conference and work which is left to be done was also furnished by Ms. Beaumont for the Committee's information. With assignments remaining to be given out, it was agreed that the next **Special Conference Planning meeting will be held on Wednesday, August 7, at 9:30 a.m.** The meeting will be held at the Sussex County West Administrative Complex, 22215 North DuPont Boulevard, in Georgetown.

New Business

❖ 2013-2014 Strategic Plan

Having successfully achieved the goals contained in the Committee's Strategic Plan for 2011-2012, now is the time to start planning for the next two years. Reiterating the Committee's mission as set out in the bylaws, Ms. Beaumont stated, "The mission of the Advisory Committee is to promote and advocate for the benefit of the aging and adults with physical disabilities of Sussex County by increasing dialogue, identifying unmet needs, and guiding and directing constituents to available programs and services." It was noted that one of the challenges the Committee has faced over the years is the lack of funding.

Ms. Beaumont turned the meeting over to Ms. Short to further discuss the Committee's Strategic Plan for 2013-2014, i.e. where the Committee would like to go from here, goals to be set, etc. Notepaper was provided for everyone to write down their thoughts as to what they would like to see the Committee work on over the next two years, and the following suggestions were received:

- Formalize a coalition
- Plan smaller seminars on specific issues in various locations throughout the County as outgrowth of *Live Conference*, or hold one large conference every two years
- Develop a resource list – as State efforts continue to move people from institution to community settings, there is a need to increase resources for community service providers
- Form collaborative relationships with agencies/organizations to promote new services and resources in Sussex County
- Advocate for increased mobility/transportation and emergency services for Sussex County seniors and those with disabilities, including persons with dementia
- Develop educational opportunities for seniors, addressing topics such as elder abuse laws
- Welcome people moving into the area

- Partner with existing service providers to promote health screenings for the uninsured, underinsured, unemployed, undocumented, and underserved communities in Sussex County
- Improve communication between Advisory Committee and Sussex County Council
- Increase public awareness of Committee's existence and attendance at meetings
- Change name of Advisory Committee by removing the word "Physical" to avoid discriminating against those with mental health disabilities

At this point in the discussion, the question was raised as to how much work should be directed on the Committee versus other areas which are more of a reaching-out capability. Two things that immediately come to mind are the coalition and the conference—should these be ongoing or one-time endeavors. The initial vision of the Advisory Committee was to formalize a coalition whose members would consist of people on the resource list acting as a separate entity and thereby subject to less rules. However, it was agreed that the coalition must have an established list of goals to be achieved so as not to create another group and series of meetings with no identifiable purpose. Ken Bock emphasized that the charge of the Committee is to advocate for the elderly and disabled at the County level, i.e. regularly appearing before and interacting with the County Council on issues affecting senior citizens in Sussex County. Taking into consideration comments made, it was the consensus of the Committee to set aside formalizing the coalition at this time.

In regard to hosting another large conference or two to three smaller seminars in various locations throughout the County concentrating on specific issues, it was felt that depending on the success of the 2013 *Live Conference*, the Committee may opt to host another large conference in 2013-2014.

Increasing resources in the County was not considered a priority, as there seems to be a sufficient number of agencies currently in place, such as the Delaware Aging and Disability Resource Center and 2-1-1 line.

Advocacy is an area which everyone agreed should be a goal of the Committee during the next two years. Emergency services are greatly needed, and transportation is going to be a serious problem in the very near future if the State of Delaware cuts support for paratransit service in Sussex County.

Turning to the operation of the Committee, increasing public awareness of the Committee's existence and greater communication between the Advisory Committee and Council are two issues to be considered. Additionally, removing the word "Physical" from the Committee's official name so as not to discriminate against those with mental health disabilities will require revisiting and changing the bylaws.

As a result of the suggestions received and discussion which took place, the following three goals have tentatively been established for the Committee's Strategic Plan for 2013-2014:

- ◆ Expand the advocacy role of the committee
- ◆ Increase and improve communications between the Committee and the Sussex County Council
- ◆ Increase public awareness of the Committee and thereby improve public attendance at meetings

Public Comment

Ms. Beaumont recognized the following members of the audience for public comment:

- Linda Rogers, Sussex RSVP, reported they are continuing to expand their Matter of Balance Program, an eight-week program which is free to the public, as well as partnering with over 100 agencies focusing on the importance of volunteering.
- Stacy Powell, Delaware Breast Cancer Coalition (DBCC), advised the Coalition covers all of Sussex County, typically scheduling screenings for ten or more people anywhere in the County. Bilingual navigators are available to assist Spanish-speaking women, and there is virtually nothing they will not do to make sure that every woman in Delaware in need of mammography screening receives it.
- Cheryl Doucette, also with the Delaware Breast Cancer Coalition, reiterated they are always actively looking for women that need mammography screening, including the unemployed, uninsured, undocumented, underinsured, or communities that are underserved. If anyone knows of an individual or community in need of screening, they should contact the DBCC.
- Ken Bock, Deputy Director, CHEER, announced their Adult Day Program is now open to provide assistance for individuals with Alzheimer's and/or varying degrees of early stage dementia, and they are Medicare certified.
- Linda Connors, Delaware Division of Substance Abuse and Mental Health, gave out pill planners to Committee members from the Delaware Coalition for Injury Prevention. Ms. Connors also handed out flyers announcing a "Fall" Into Action Family Emergency Preparedness Day being held on September 21, 2013, at the Delaware Agricultural Museum and Village in Dover from 10:00 a.m. to 2:00 p.m. The Coalition is working on a program to investigate and collect data on this major cause of injury to seniors.
- Christine Steele, Griswold Home Care Services, welcomed the opportunity to help in any way possible with planning the *Live Conference*.
- Doris Schonbrunner, Heritage at Milford Assisted Living, advised they are changing their name to Heritage at Milford **Senior** Living. Also, in conjunction with Delaware Hospice, they are hosting monthly "Lunch and Learn" programs with a different topic each month, and

lunch is free. The August 24 program is on 'Dementia, Deliria, and Depression' from 12:00 noon to 2:00 p.m.

Additional Business

1. Ms. Magee announced the Alzheimer's Association will be offering an education program in two different locations, free of charge, entitled "The Basics...memory loss, dementia and Alzheimer's disease." The program provides information on detection, causes and risk factors, stages of the disease, treatment, and much more. Westminster Village, 1167 McKee Road, Dover, Delaware, will host the first program on August 10 from 9:00 a.m. to 12:00 noon, beginning with a breakfast buffet at 9:00 a.m. as part of their Alzheimer's Awareness Day. The second program will be hosted by Cadbury at Lewes, 17028 Cadbury Circle, Lewes, Delaware, on September 10 from 3:30 to 5:00 p.m.
2. A few leftover 2013 calendars from Brandywine Assisted Living were made available by Ms. Magee for anyone interested. She explained that Brandywine residents volunteered to do a 1940's pin-up calendar shoot with a professional photographer, raising over \$5,000 for the Alzheimer's Association. A good fundraiser idea, they plan to do another calendar for 2014 with a different theme.
3. Ms. Beaumont presented a draft 'Save the Date' flyer created for the *Live Conference* and requested input from the Committee on the design. Suggestions were made to tweak the flyer in regard to type of lettering, font size, coloring, boxing of information, and so on. The flyer will be revised and sent out as soon as possible to provide everyone sufficient opportunity to 'Save the Date' for the conference.

Next Regular Meeting

The next regular meeting of the Advisory Committee will be held on September 16, 2013, at 10:00 a.m. at the Sussex County West Administrative Complex, 22215 North DuPont Boulevard, Georgetown, Delaware.

Adjournment

A Motion was made by Mr. Savage, seconded by Mr. Phillips, to adjourn at 12:05 p.m. Motion Adopted by Voice Vote.

Respectfully submitted,



Anna Short, Secretary
Advisory Committee on Aging & Adults
with Physical Disabilities for Sussex County

**ADVISORY COMMITTEE ON AGING AND ADULTS WITH PHYSICAL DISABILITIES FOR
SUSSEX COUNTY**

**LIVE Conference: Live Healthy...Live Active...Live at Home
Wednesday, October 9, 2013**

Tentative Format

09:00 - 09:30 a.m. Registration/Continental Breakfast/Visit Vendors

09:30 - 09:45 a.m. Sally Beaumont – Welcome/Introduce Todd Lawson, Sussex County Administrator or Michael Vincent, President, Sussex County Council

Live Healthy

09:45 – 10:45 a.m. Bill Love, Director of DSAAPD – Keynote address of Affordable Care Act (ACA) implementation in Delaware and Aging and Disabilities Resource Center (ADRC)
-questions from attendees

10:45 – 11:00 a.m. Break/Visit Vendors

11:00 – 12:00 p.m. CEO's of Hospitals Panel- *Randy Nelson Moderator??*

Beebe- Jeffery Fried

Nanticoke- Steven Rose

Atlantic General- Michael Franklin

Bay Health??

Peninsula Regional??

-questions from attendees

12:00 – 01:00 p.m. Lunch/Visit Vendors

(Invite *Governor to speak???*)

Live Active

01:00 – 01:20 p.m. Susan Hamadock, “Staying Active with Tai Chi”

01:20 – 02:00 p.m. Active Panel – (*Moderator- Jamie Magee or Larry Savage??*)

Senior Olympics

Volunteerism RSVP -Deborah Vandiver

Susan Hamadock-

One other speaker involved in keeping folks ACTIVE??

02:00 – 02:15 p.m. Break/Visit Vendors

Live at Home

02:15 – 03:30 p.m. Panel Discussion – (*Moderator???*)

Non-Medical In-Home Care – CHEER

Skilled Home Care – Christiana Care Visiting Nurses

Universal Design/ Accessibility

Personal Attendants Service Agency – Easter Seals

Assisted Living – Doris Schonbrunner

03:30- 4:00 CLOSING