

RUTH ANN BEIDEMAN, CHAIRPERSON
SALLY BEAUMONT
JAMIE MAGEE
PENNY ORNDORFF
CATHY PARKER



SCOTT PHILLIPS
LARRY SAVAGE
FRANCINE SHOCKLEY
FRAN SMITH
HELEN SMITH

Advisory Committee on Aging & Adults with Physical Disabilities for Sussex County

Minutes of Meeting

July 18, 2016

A regularly scheduled meeting of the Advisory Committee on Aging & Adults with Physical Disabilities for Sussex County was held on Monday, July 18, 2016, at the CHEER Community Center, 20520 Sand Hill Road, Georgetown, Delaware. The following members were present:

**Sally Beaumont
Ruth Ann Beideman
Michelle Griffith (non-voting member)
Jamie Magee**

**Scott Phillips
Larry Savage
Fran Smith
Helen Smith**

Call to Order

Ruth Ann Beideman, Chairperson, called the meeting to order at 10:00 a.m. and welcomed everyone on behalf of the Committee.

Approval of Agenda

A Motion was made by Jamie Magee, seconded by Larry Savage, to approve the Agenda as posted. Motion Adopted by Voice Vote.

Approval of Minutes

A Motion was made by Helen Smith, seconded by Scott Phillips, to approve the minutes of May 16, 2016, as distributed. Motion Adopted by Voice Vote.

Correspondence

No correspondence was received.

Guest Speaker

Anthony DelFranco, Director of Marketing for CHEER, presented a history of the organization and gave an overview of the services they currently provide. CHEER,



an acronym for *Congregate and Homebound for Elderly Eating Regularly*, was founded at the Manor House in Seaford in 1971 and now serves over one-half of the over 50 population in Sussex County. There are seven CHEER centers in the County providing services including the following:

- Nutrition – Over 273,000 meals were served last year, counting meals at each of the centers and Meals on Wheels.
- Personal Care – Includes housekeeping, respite care, Caregiver Resource Centers, cooking, bathing/dressing, companionship, and a safe environment for dementia patients.
- Hospitality – There are five activity centers in the County where events can be held, with catering services available.
- Volunteerism – CHEER has approximately 500 volunteers, but is always in need of more individuals willing to help. Volunteers assist in delivering Meals on Wheels, gift baskets at Christmas, conducting CHEER-A-Pets visits, as well as participating in programs such as Phone-A-Friend, Glee Club, and A Place For You.

Mr. DelFranco advised that CHEER also holds many special events during the year such as March for Meals, a Car Show (August 6th this year), craft shows, Trap Pond Day for seniors, Beach Day, and a Veterans Day celebration (scheduled for September 10th).

CHEER does not charge for meals, but those who are able to contribute can make a \$3.00 donation.

Mr. DelFranco stated he is available to speak to any group that may be interested in a presentation regarding CHEER and the services they provide.

Old Business

Committee members discussed their impressions of the Focus Group meetings which were conducted by University of Delaware students around the County. General findings from the Focus Group meetings were as follows:

- ❖ Most residents are happy to live in Sussex County.
- ❖ There is increased traffic now.
- ❖ Taxes are lower than many other places.
- ❖ More affordable housing for seniors is needed, especially for widows and widowers who can no longer afford to live in their home.

University of Delaware students will present a detailed report at the September Advisory Committee meeting.

New Business

- The Conference Planning Subcommittee meeting of June 20th was reviewed.
- “SAVE THE DATE” Flier – Ms. Beideman distributed the revised flier for the LIVE Conference and requested that copies be circulated throughout the County, as well as to CHEER and senior centers.

Public Comment

- Guests introduced themselves and there were several positive comments on the program.
- Ms. Beideman asked everyone for ideas for topics to consider for future meetings. It was suggested that perhaps information dealing with the death of a spouse might be helpful, as there is so much to take care of and no real guidelines as to exactly what needs to be done. Scott Phillips will look into the possibility of such a program in the future.
- Jamie Magee announced that the 2nd Annual Bethany Beach Run for Alzheimer's will be held on August 7th, and the 20th Annual Walk to End Alzheimer's in Rehoboth Beach is scheduled for October 22nd.
- Nancy Feichtl of ITN*SouthernDelaware* discussed this transportation program which is available to seniors in Sussex County. The annual membership fee is \$35.00 a year for individuals, and transportation services are available 24 hours a day, seven days a week. There are currently 27 states taking part in the ITN program, and anyone that has joined can use transportation services in any of the participating states. Ms. Feichtl stated that members in need of transportation to longer distances such as Baltimore or Philadelphia are usually charged a rate of \$20.00 per hour. Drivers can bank their miles to use at a later date or donate their miles to a family member who is no longer able to drive. Individuals who own a vehicle can also donate their vehicle and receive its full value in ride credits when they can no longer drive. Additional information regarding the program is available by calling (302) 448-8486.

Next Meeting

The next regularly scheduled meeting of the Advisory Committee will be held on Monday, September 19, 2016, at 10:00 a.m. at the Milton CHEER Center, 24855 Broadkill Road, Milton, Delaware. A Conference Planning Subcommittee meeting will also take place following the regular meeting.

Respectfully submitted,

Helen Smith, Acting Secretary
Advisory Committee on Aging & Adults with
Physical Disabilities for Sussex County