

**RESOLUTION NO. R 013 10**

**A RESOLUTION BY THE SUSSEX COUNTY COUNCIL TO SUPPORT COMMUNITY EFFORTS TO FOSTER HEALTHY EATING AND ACTIVE LIVING HABITS AMONG SUSSEX COUNTIANS**

**WHEREAS, the Sussex County Council declares obesity to be a public health issue and calls for action by community members to eliminate this threat to our society; and**

**WHEREAS, obesity increases the risk of heart disease, Type 2 diabetes, reduces life expectancy, increases disability, decreases work productivity and school achievement, and increases healthcare costs; and**

**WHEREAS, more than 36 percent of children in this nation are considered overweight/obese with approximately two-thirds of American adults being classified as overweight; and**

**WHEREAS, obesity in our society is an epidemic that threatens not only our health, but our economy, as well, costing the citizens of Delaware nearly \$208 million dollars annually for healthcare-related issues; and**

**WHEREAS, there is currently an effort to transform Sussex County into an active living, healthy eating community, with a goal to make Sussex County children among the healthiest in the nation by 2015; and**

**WHEREAS, the Nemours Health and Prevention Services has devoted resources, professional expertise and the sharing of best practices in Sussex County and throughout the State in the fight against this epidemic; and**

**WHEREAS, the Sussex Child Health Promotion Coalition has become a nationally recognized model of community empowerment for health promotion, and has provided a unified plan for more than 150 partner agencies throughout Sussex County to work toward the elimination of childhood obesity and all its health-related problems; and**

**WHEREAS, Sussex County Council encourages local planning departments to incorporate into their procedures and plans an aspect of healthy lifestyle design, which could include open space, playgrounds, and walking/bike trails; and**

**WHEREAS, it is the purpose of Sussex County to preserve, promote, and protect the health and welfare of its citizens beginning with its youth;**

**NOW, THEREFORE, BE IT RESOLVED that the Sussex County Council hereby pledges its support to the mission of making Sussex County a healthy eating and active living community, and calls on all residents to take part in this ongoing effort to make Sussex County children among the healthiest in the nation by 2015.**

**I DO HEREBY CERTIFY THAT THE FOREGOING IS A TRUE AND CORRECT COPY OF RESOLUTION NO. R 013 10 ADOPTED BY THE SUSSEX COUNTY COUNCIL ON THE 20TH DAY OF APRIL 2010.**

  
**ROBIN A. GRIFFITH**  
**CLERK OF THE COUNCIL**